



After Care For MICRONEEDLING

You may look like you have a mild sunburn & may have some swelling. There is very little down time. However, there ARE a few precautions you will need to follow during the first few days.

- Your skin will be pink for the next 24 hrs.
- It is OK to apply mineral make—up 24 hrs. after treatment.
- Patient can resume normal activities (ie: exercising) after 24 hrs.
- Avoid direct sunlight for 48 hours & use at least 50 SPF
- Gently cleanse skin & pat skin dry, making sure hands are clean.
- Skin may feel tight, dry, rough texture and/or itch, this can last up to 7—10 days.
- Moisturize your skin in morning and wear a hat or visor when outdoors, reapply sun block if outdoors.
- Resume recommended skin care regime in one week.
- Patient can start using Vitamin C, Retin—A, Hydroquinone after one week.
- Do not exfoliate, rub or scratch the skin at anytime. This WILL cause damage & compromise your results & could possibly cause scarring.

Listed are changes & improvements you can expect:

Day 1—2 (normally 24 hours)	Erythema & mild swelling subsides
Day 2—7	Increased exfoliation & dryness
1 week onwards	Improvement in texture & tone
3 weeks onwards	Improvement in pigmentation
6 weeks onward	Improvement in wrinkle/lines, scars